



Submission forms

Guidelines for submitting work

Artist contact information

Artist statement

Contact: Chris Morin: chrism@indhouse.net

508.771.6507 www.independencehouse.org

Guidelines for submitting work to be exhibited

Independence House is currently collecting art from domestic and sexual violence survivors interested in participating in our **Courage Unleashed** exhibit. The Courage Unleashed exhibit is meant to illustrate, through survivors' own words or visual imagery, the scope, and impact of domestic and sexual violence and the process of healing.

We are looking for pieces that hang on a wall (for example, we cannot accept free-standing sculptures because of limited storage and potential fragility of objects). Paintings, charcoals, drawings, poetry, collages, and any other media that can be framed are all eligible.

What kind of subject matter is appropriate?

It may be helpful to consider this question: as a survivor, what do you want the public to learn about domestic and sexual violence? Any artwork that relates to surviving domestic and sexual violence will be considered, including exploring how violence affects victims, families, friends, communities, the process of healing and what it means to move from victim to survivor. Visions of a world without domestic and sexual violence (and how we can achieve that) are also encouraged.

Who can submit artwork or poetry?

If you are a survivor of domestic or sexual violence and are at least 18 years old, you may submit work to be considered for this exhibit. If you are younger than 18 years of age, we are sorry that we will not be able to consider your piece for this exhibit at this time.

How do I submit my work?

Complete an artist submission form, which includes contact information (this will be kept confidential, if requested) and an artist statement and submit it with your work. We can help you figure out wording for your artist statement, if you like. For assistance, contact Chris at 508.771.6507 x230.

Where do I submit my work?

Please send your work to our Hyannis office or one of our satellite offices. See addresses below. If you will be delivering your artwork, please call ahead to make sure someone will be there to meet you. 508.771.6507 x230

Hyannis Office: 160 Bassett Lane, 02601

Falmouth Office: 220 Main Street, Suite 200, 02540

Orleans Office: 5 Namskaket Rd., Unit 1, 02653

Can I submit my work anonymously? We will keep your name confidential if you do not want your name or other identifying information included in the exhibit. We do ask that you submit contact information for our records so we can contact you for feedback or relative updates concerning your submission, if needed. Your name will not appear on the exhibit unless you want it to appear.

Do I need to frame the work before I submit it? It is not necessary for you to frame your piece before you submit it. If, however, you are able to frame your piece, we do appreciate receiving work that is already framed for two reasons: 1) as the contributing artist/poet, you may have a particular vision for how it should look framed and 2) receiving a piece that is already framed reduces our maintenance costs. We do have a limited number of standard size frames. If you do not want your piece framed, please make a note on your submission form.

Do I need to pay a fee to submit my work? There is no fee to participate in this exhibit. If you mail your work to us, we do ask that you pay for the postage to send it. Of course, we welcome any monetary contributions to support this project!

What is the deadline to submit? Our launch date is the Spring of 2026. If you are interested in participating in the initial exhibit, please submit your work by October 31, 2025. After the initial launch, we accept submissions at any time.

Are there any guidelines I should know about? Any original artwork (including written word or photographs) that can hang on a wall will be considered. We cannot accept pieces that are larger than 36" x 24" **framed**. This will be a moving art exhibit and we will have several venues in which the exhibit will be hung throughout the year. We ask that you loan your art work to Independence House for one year and then it will be returned to you.

If we are not able to display your piece, we will return it to you.

How can I get more info? Visit our website at www.independencehouse.org or contact Chris Morin at 508.771.6507 x230 or chrism@indhous.net

Artist Contact Information:

The information that you provide on this page will be kept confidential (please write clearly)

Name _____

Choose 1: ☐ Display my name ☐ Do not display my name

Mailing address: _____

City _____ State _____ Zip Code _____

Cell Phone _____

Email _____

What is the title of your piece? _____

How did you hear about this exhibit?

A. Independence House website

B. Direct Mailing

C. Social Media

D. Word of mouth

E. Other _____

Do you have additional comments or concerns? _____

By submitting this form to Independence House, I am loaning my artwork or writing to be exhibited publicly on Cape Cod and possibly other localities.

☐ I can loan my artwork/writing to Independence House for 1 year

___ I understand that the information I submit & request to be kept confidential will be kept confidential.

___ I understand that the information I submit as part of my artist's statement may be exhibited publicly, including on the Independence House website.
www.independencehouse.org/???

___ I understand that **Courage Unleashed** is a traveling exhibit, and that my artwork could be damaged during transport. I release Independence House from any liability from damages done to my artwork.

___ I give permission for photographs to be taken of my artwork, which may appear in newspapers, websites, exhibit promotional materials, or other forms of print or digital media.

___ I understand that Independence House will do its best to return my artwork or writing to me if my submission is not accepted as part of the **Courage Unleashed** traveling exhibit or if I request that it be returned.

___ I affirm that I am 18 years or older.

Signature _____ Date _____

Would you be willing to speak about your art in front of a group (for example, as part of a panel discussion?) Your response will not affect your submission outcome. ___Yes ___No

Artist Statement

The information you give **on this page** will be posted next to your work and **EXHIBITED PUBLICLY**

Your name, as you would like it to appear in the exhibit (optional):

Your current age: (optional) _____

Your current city or county of residence (optional):

Your age range when you experienced domestic or sexual violence (optional):

Your age when you created this piece (optional): _____

Statement

Please explain (in fewer than 300 words) how this piece relates to the experience of surviving domestic or sexual violence. This statement will be posted next to your artwork. It is meant to offer you a chance to describe and explain your piece, and to educate the general public about the impact of domestic or sexual violence. You may want to write about how this violence has affected you personally or how you believe it affects people in general. You may want to write about your own process of surviving, you may want to offer some words of encouragement to others who have been victimized, or you may want to offer ideas about how to end domestic and sexual violence. Feel free to attach a page, if you like, but try to limit it to 300 words. We may need to edit your statement in order to fit it into the exhibit. ***If you prefer to give your statement over the phone, we can type it for you.***

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

I understand that any information I provide ON THIS PAGE will be made available to the public.

Signature:

Date:

Please submit both the artist contact page and the artist statement page, along with your work, to Chris Morin, Independence House, 160 Bassett Lane, Hyannis, MA 02601

E-mail: chrism@indhouse.net 508.771.6507 x230

