

## Independence House, Inc.

Cape Cod's leading domestic and sexual violence emergency housing resource, counseling and advocacy center to address and prevent domestic and sexual violence.

Promoting safe and healthy relationships

## PROGRAMS AND SERVICES

Independence House is a comprehensive organization focused on prevention and specialized services for domestic and sexual violence survivors. Independence House is an unmatched resource and proven leader on Cape Cod since 1979 offering free and confidential critical response programs and services that assist children, teens and adults of all gender identities, races, sexual orientations, abilities, and cultures who have been impacted by domestic or sexual violence.

Programs and services are available to all residents of Barnstable County.

Independence House operates four Cape Cod offices: Hyannis. Falmouth, Orleans and Provincetown; provides a full court advocate staff in Falmouth, Barnstable and Orleans District and Barnstable Probate Court Houses; meets and assists sexual assault survivors at Cape Cod and Falmouth Hospitals and all Barnstable **County Police Departments** 24-hours a day; and maintains a 24-hour hotline and confidential emergency domestic and sexual violence shelter residence on Cape Cod.



#### All services are free and confidential.

Services are available in English, Brazilian Portuguese, and Spanish. Additional translations services are accessible. Pre-arranged child care is available in Hyannis during participation in programs.

### 24-hour Hotline: 800-439-6507

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### Independence House, Inc.

### PROGRAMS AND SERVICES

The **Domestic Violence Program** offers individual and group counseling, advocacy, and tailored services for survivors and secondary survivors of intimate partner violence.

The **Sexual Violence Rape Crisis Center** offers individual and group counseling for survivors and secondary survivors of rape, incest, stalking, sexual harassment, molestation, childhood sexual assault and intimate partner sexual abuse.

The **Children Exposed to Violence Program** offers individual counseling and advocacy for children ages 5+ who witness intimate partner violence. The **Child Sexual Abuse Program** offers individualized counseling specialized for children ages 5+ who have experienced sexual abuse to work through trauma and process the abuse.

The **Teen Program** offers individual counseling, advocacy, education and groups for adolescents ages 13-17 affected by intimate partner violence, including dating violence and sexual violence.

The **SAFEPLAN Court Advocacy Program** provides assistance and support in applying for 209A abuse prevention and 258E harassment prevention orders in all probate and district courts on Cape Cod.

The **Confidential Emergency Shelter Residence Program** provides immediate assistance to survivors of domestic and sexual violence who are in immediate and critical danger and who need to leave their living situations in order to assure their safety.

The **Housing Stabilization Program** offers stable housing and supportive services for families affected by domestic violence who are no longer in immediate crisis. The **Homelessness Prevention Program** provides assistance for survivors who are facing homelessness due to domestic violence. The program supports transitional housing and rapid rehousing assistance to survivors.

The **Abuse in Later Life Program** (Elder Abuse) offers specialized services for victims of domestic or sexual violence age 50 and over. Services include collaborations with other organizations who are serving older adults.

The **Prevention Program** offers education on creating a culture free from intimate partner violence through primary prevention practices. In collaboration with the Prevention Program, the **Education and Outreach Program** provides a response to domestic and sexual violence through trainings and workshops; building knowledge about domestic and sexual violence and sharing information about Independence House services.

The **Survivors of Homicide Victims Program** offers survivor services to families, close friends, neighbors, schoolmates, colleagues, or any individual affected by any homicide, including vehicular homicide.



Independence House is a LGBTQIA+ Safe Space and accessible to all people, ages 5+, all gender identities, all sexual orientations, all cultures, all languages, all abilities and all disabilities.

# Services 24-Hour Hotline

Medical and Police Accompaniment Legal Advocacy Safehome and Shelter Search Childcare Individual and Group Counseling