

10 Worthy Cape Cod Charities That Deserve Your Support

A diverse group of non-profits that serve our community...

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Updated - Independence House is just one of ten worthy Cape Cod charities profiled by Cynthia Madison

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Cape Cod is region that has become well-known for the efforts that are being made locally for the constant improvement and growth of its community. With numerous non-profit organizations emerging, various charitable causes are being targeted regularly, aspect that allows both those in need to receive help and those who want to make a difference, to find the right ways of giving forward. Charitable actions have been taken to new levels in Cape Cod, and despite the on-growing number of institutions that have been created to solve or remediate different types of community issues, there are a few that remain most popular among philanthropists.

Those who wish and are able to make donations with the purpose of supporting good causes for the community have the possibility of reaching out to any of the following charities in Cape Cod, each one of these institutions embracing and promoting selfless acts of kindness, united to make the world a better place.

Editor's note - #7 on this list was removed on August 23, 2018 and their content is banned from this news site.

1. Cape Abilities

One of Cape Cod's largest nonprofits, **Cape Abilities** was established on 1968 with the intent of supporting individuals with disabilities. The organization has implemented services that enable participants to access educational, counseling, social and therapeutic support in order to fill in equal meaningful roles in the local community. This nonprofit has been offering those with disabilities both employment and personal growth opportunities for over 50 years, and it continues to expand with the regular implementation of new appealing programs. Program centers have been set up by the organization in Falmouth, Hyannis and Eastham and is currently serving individuals diagnosed with various types of intellectual and development impairments and disabilities, such as autism, blindness, Down Syndrome or limited mobility.

2. Family Pantry of Cape Cod

Starting off as a pantry put together by a group of 10 people in 1989 to support locals in need of food, **Family Pantry of Cape Cod** has quickly developed into an impressive non-profit, non-denominational organization supported by more than 700 volunteers serving meals to the less fortunate as well as distributing groceries among families in financial difficulty. Besides functioning as a local food bank, the institution distributes clothing as well, welcoming people from any backgrounds. Those who want to support the cause of this organization have the possibility of making donations directly to the institution or join the charity's actions by volunteering.

3. Independence House

The mission of **Independence House** is to provide free and confidential assistance to people on Cape Cod who have been victims of sexual assault or domestic violence, as well as their children.



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Established in 1979, Independence House has initiated a number of programs over the years and launched a 24/7 hotline where victims can call for guidance. This organization currently operates in four locations on Cape Cod and even has an emergency confidential residence.

4. Wild Care Cape Cod

If you care about animal protection, then the mission of **Wild Care Cape Cod** will inspire you: this non-profit is all about wildlife rehabilitation. Through educational outreach and continuous advocacy, Wild Care Cape Cod fights to preserve the natural habitat of wildlife species and engages in rescue missions within the community. To date, the organization has helped no less than 24,000 wild creatures, representing 275 species of native birds, mammals, and reptiles. On average Wild Care receives 1,300-1,700 wild animals per year for treatment.

5. Elder Services of Cape Cod & the Islands

With 16 senior dining centers, and a wide range of in-home services for senior help, **ESCCI** is the non-profit organization, designated Area Agency on Aging and state designated Aging Services Access Point in Cape Cod. Yearly, the agency delivers meals to seniors as well as support them with other daily life tasks, pursuing programs that enable the maintenance of Massachusetts' seniors' quality of life. Being funded by the state, but also privately, ESCCI continue to develop various counseling, nutrition, care and protective programs that support those who have surpassed a certain age, and are unable to properly look after themselves. Those who want to support the cause of this organization have the possibility of making donations directly to the institution, join the charity's actions by volunteering or contribute through **Giving Assistant's** online shopping portal.

6. Big Brothers Big Sisters of Cape Cod and the Islands

Every child deserves a chance at a better life and the volunteers at **Big Brothers Big Sisters of Cape Cod and the Islands** are fighting to make that happen. This organization helps the underprivileged youth of Cape Cod and the Islands to achieve their full potential and become functional adults. Big Brothers Big Sisters of Cape Cod and the Islands works with children from under-resourced families, putting them in touch with mentors who help them choose a career path, continue their studies and thrive.

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8. Housing Assistance Corporation

The **Housing Assistance Corporation Cape Cod** was founded more than four decades ago and continues to develop quality housing for the community. The mission of this organization is to create good housing options while at the same time minimizing impact on the environment and supporting economic development.

9. Masonic Angel Foundation

The **Masonic Angel Foundation** has served Cape Cod for twenty years. It **has supported the community through many programs** providing modest assistance to children in need - everything from winter coats to eyeglasses to monthly food packages to school supply kits. MAF's **Laptops for KidZ** project has provided nearly 2,000 refurbished laptops to local children. MAF is 100% volunteer operated.

10. Animal Rescue League of Boston, Brewster Branch

The Animal Rescue League of Boston, Brewster Branch, was founded in 1921 to advocate for animal rights and fight for the rescue of abandoned animals in the area. Now, the organization counts 520 volunteers who help animals in need, but also focuses on prevention, by advocating for animal rights and initiating adoption campaigns.

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