



**Independence House, Inc.**

*Cape Cod's leading resource,  
counseling and advocacy  
center to address and prevent  
domestic and sexual violence.*

*Promoting safe and healthy relationships.*

## Prevention, Education & Outreach

Independence House partners with select community organizations, schools, faith-based organizations and businesses to promote communities and societies free from intimate partner violence through primary prevention practices. These are long-term partnerships with those who share our passion to change social norms regarding violence.

Independence House staff will come to your school, community organization, religious institution or business and provide information regarding the agency services as well as organize awareness raising events and encourage the support of our community. Independence House also provides workshops for youth, parents, professionals and community leaders on many topics.



The Independence House Prevention, Education & Outreach Program is funded by the Department of Public Health (DPH) Commonwealth of Massachusetts. Mentors in Violence Prevention (MVP) is partially funded by grants received from the Verizon Foundation and private donations.

**24-hour Hotline: 800-439-6507**

Independence House, Inc. | 160 Bassett Lane | Hyannis, MA 02601  
Tel: 508.771.6507 | Fax: 508.778.0143 | [indhouse@indhouse.net](mailto:indhouse@indhouse.net)  
[www.independencehouse.org](http://www.independencehouse.org) | [www.independencehouseteens.org](http://www.independencehouseteens.org)

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## Prevention, Education & Outreach

The Nicholas G. Xiarhos Respectful Youth Relationship Program is our youth-focused primary prevention and educational program promoting healthy relationships and violence prevention among high school students throughout Cape Cod. The program is named in honor of Nicholas Xiarhos, son of Yarmouth Police Deputy Chief Steven Xiarhos, who lost his life in Afghanistan. Nick was a mentor and role model to his peers and always looked out for others.

### MENTORS IN VIOLENCE PREVENTION (MVP) CURRICULUM

Independence House staff is certified to deliver the Mentors in Violence Prevention (MVP) curriculum. This structured curriculum is presented to high school students and provides training on raising awareness and inspiring leadership around preventing violence, teen dating violence, sexual assault, sexual harassment and gender stereotypes. Students work independently throughout the school year on projects that empower them and raise awareness among their peers on these topics.

Independence House certified MVP facilitators currently present the full MVP curriculum to Barnstable, Dennis-Yarmouth Regional and Falmouth High Schools. Additionally, tailored segments of the MVP curriculum continue to be presented to select classrooms and grades throughout schools on Cape Cod.

Other workshop adapted for all grade levels:

- Bullying
- Conflict Resolution
- Establishing Boundaries
- Healthy Relationships
- Sexual Harassment
- Gender Stereotypes & Sexism
- Sexual Assault & Consent
- Teen Dating Violence
- Violence in the Media

### Independence House also offers

Domestic Violence Services

Sexual Violence Services

Teen Services

Child Witness to Violence Services

Housing Services

Safe Homes Service

SAFEPLAN, Civil Legal Advocacy